

PRACTITIONER WHOLESALE OFFER

Set Yourself Free and *Behind Closed Doors* by Shirley Smith are now available for you to retail to your client base at your clinic, practice, organisation or healthcare centre. Save up to 50% off, when you order either book or mix the quantities. Order form overleaf.

SET YOURSELF FREE

Break the cycle of co-dependency and compulsive addictive behaviour

This is the revised anniversary edition of Australia's best selling title on co-dependency. By having *Set Yourself Free* available for sale to your client base you will provide a valuable service to your clients and make a profit on the sale of each book.

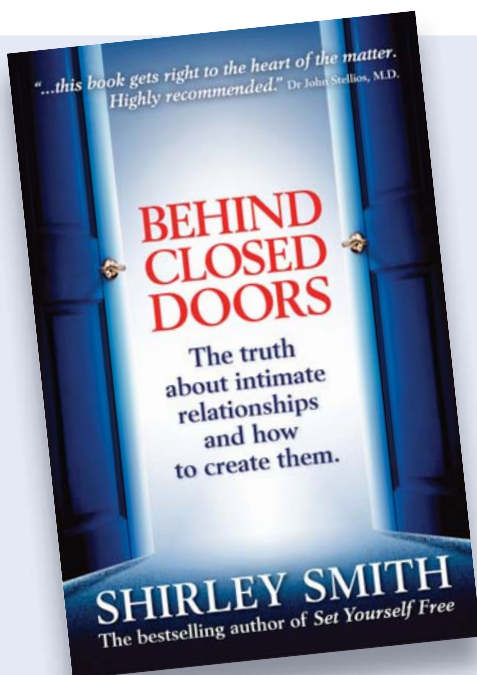
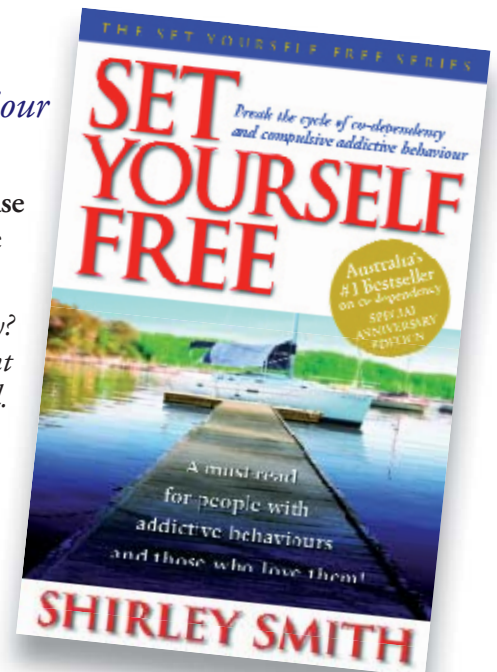
This book is more relevant today than when first written over a decade ago. Why? Because co-dependency and addictive behaviour is a costly and pervasive element of Australian society; increasing significantly since the book was originally released.

Additionally, *Set Yourself Free* will help your clients to uncover the unconscious, psychological defenses, set up in their formative years, which keep them recycling the same unfulfilling relationships and circumstances.

A must read for people with addictive personalities and those who love them!

Here are some facts:

- 52% of all Australian marriages end in divorce. This doesn't even include de-factos who split.
- Over 33% of the Australian population suffer from psychological stress, including depression and anxiety disorders.
- \$15 billion a year spent on gambling with more than 50% of Australians having moderate to severe gambling problems.
- Australia has the highest rate of alcohol-related brain damage in the world!
- 40% of partners of problem drinkers and problem gamblers develop significant stress-related illness.



BEHIND CLOSED DOORS

The truth about intimate relationships and how to create them

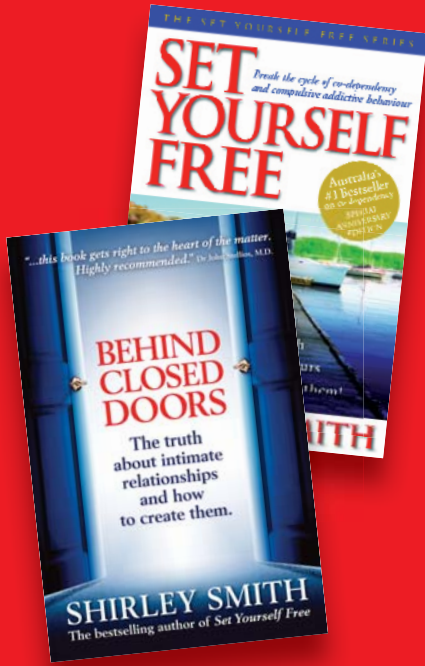
Do you treat patients who suffer from:

- Repeated patterns of dysfunctional relationships?
- Difficulty finding a relationship?
- Lack of motivation, passion or strong self-esteem?
- Anxiety or ambivalence about raising a family because of childhood experiences?
- Problems creating intimacy in their important relationships?
- Post-traumatic stress due to trauma, abuse or neglect in childhood?
- Intensity or abuse rather than intimacy in their relationships?
- Inability to meet their emotional, physical, financial, intellectual or spiritual needs?
- Co-dependent, addictive dynamics in their relationships?

If you answered **YES** to any of the above questions then this book will become an indispensable guide to you, your clients and your practice. The information and exercises in this book are designed to guide your clients towards relationship success.

Behind Closed Doors offers insight and follows through with practical exercise and guidance for the client to work through on their own or with the support of their practitioner.

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